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| 51-65     | 51-65      | 51-65      | 61-75      | 3 days    |
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| <u>Pitches (Threshold)</u>      |
|---------------------------------|
| Ineligible to pitch on this day |
| Eligible to pitch on this day   |

| Ages 8-10 | Ages 11-12 | Ages 13-14 | Ages 15-16 | Days Rest |
|-----------|------------|------------|------------|-----------|
| <20       | <20        | <20        | <30        | None      |
| 21-35     | 21-35      | 21-35      | 31-45      | 1 day     |
| 36-50     | 36-50      | 36-50      | 46-60      | 2 days    |
| 51-65     | 51-65      | 51-65      | 61-75      | 3 days    |
| 66-75     | 66-85      | 66-95      | 76-95      | 4 days    |

[illegible]

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| Eligible to pitch on this day   |

[illegible]

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